# AMAZON EXPEDITION IN

#### **ITINERARY**

Day 1 - 09/03: Meeting of the group and transport to Alter do Chão to catch the boat to the Reserve (4 hours journey). At arrival, transport to CEFA, lunch and pause to accommodate and rest. Formal reception by a member of the local staff and tour of the grounds. In the beginning of the evening, guided moment of reflection and debate. Dinner. Free evening.

Day 2 - 09/04: Breakfast. In the morning, beginning of the work at the plant nursery construction. Lunch and rest. In the afternoon, guided trail through the forest and bathing at an "igarapé" (creek inside the forest). In the beginning of the evening, guided moment of reflection and debate. Dinner. Free evening.

Day 3 - 09/05: Breakfast. In the morning, work at the plant nursery construction. Lunch and rest. In the afternoon, demonstration of the "Farinhada" (manufacture process of the cassava flour) and opportunity to put your hands to action as well. In the beginning of the evening, guided moment of reflection and debate. Dinner. Free evening.

Day 4 - 09/06: Breakfast. In the morning, work at the plant nursery construction. Lunch and rest. Transport to Anumã to visit the community and bathing on the Tapajós river. Return to CEFA on the same vehicle. In the beginning of the evening, guided moment of reflection and debate. Dinner. Free evening.

Day 5 - 09/07: Breakfast. Day entirely dedicated to erecting the plant nursery. Pause for lunch and rest and return of the construction in the afternoon. In the beginning of the evening, guided moment of reflection and debate. Dinner.

Day 6 - 09/08: Breakfast. Time to take a rest from the construction and visiting the Arapiuns river. Transport to get the boat and day long tour to the "Ponta Grande", one of the most beautiful places to visit in the region and an excellent bathing point. Lunch included. In the return journey, stop to check the local art craft. Return to CEFA. Dinner. Free evening.

Day 7 - 09/09: Breakfast. In the morning, work at the plant nursery construction. Lunch and rest. In the afternoon, workshop of seedling planting and native reforestation. In the beginning of the evening, guided moment of reflection and debate. Dinner. Free evening.

Day 8 - 09/10: Breakfast. In the morning, work at the plant nursery construction. Lunch and rest. Free afternoon to explore the region. In the beginning of the evening, guided moment of reflection and debate. Dinner. Movie night.

Day 9 - 09/11: Breakfast. In the morning, last day of work on the nursery, time to finish! Lunch and rest. In the beginning of the evening, guided moment of reflection and debate. Closing with typical dance presentation and typical dinner.

Day 10 - 09/12: Breakfast. In the morning, transport by boat to Alter do Chão, the most beautiful river beach in the world! Conclusion of the expedition.

#### **ITINERARY**



## Included

- Accommodation at a screened window dormitory for up to three people, sleeping in hammocks (provided), in the Extractive Reserve Tapajós-Arapiuns, Pará Brazil (9 nights);
- Full-board meal throughout the stay at the reserve (alcoholic beverages excluded);
- All ground and river transportation scheduled in the itinerary from the meeting point at Santarém until the final drop out at Alter do Chão;
- All the costs involved with cultural and touristic activities scheduled in the itinerary;
- Necessary equipment and materials for the construction;
- Full support of our team prior and during the expedition, in English;
- Support to obtain the Brazilian visa;

### Not included

- All air transportation and related taxes;
- Costs with necessary documentation, such as visa;
- Alcoholic beverages;
- Travel Insurance:
- Medical care and necessary drugs;
- Any other cost not listed above, such as tips, phone, laundry, shopping etc.

ATTENTION: This itinerary may suffer alterations due to weather conditions and other unpredictable circumstances.

Contact us through oi.hola.hello@iris.social for further information.